

State Champs Weekly Training - 17th November - 11th December

MONDAY			
Woodvale			
Monday	Ct 1	Ct 2	Ct 3
4:30 - 6:00pm	13 B 3/4/5		11 B 6
6:00 - 7:30pm	11 G 4	11 G 5	

TUESDAY			
Woodvale			
Tuesday	Ct 1	Ct 2	Ct 3
4:30 - 6:00pm	11 B 3 /4	11 B 5	11 G 3
6:00 - 7:30pm	13 G 3/4/5		11 B C/2
7:30 - 9:00pm	19 M C/2	19 M 3/4	

TUESDAY				
Arena Joondalup				
Tuesday	Ct 1	Ct 2	Ct 3	Ct 4
4:45 - 6:15pm		11 G C/2	13 B C/2	13 G C/2
6:15 - 7:45pm	15 G 3/4/5		15 B C/2	
7:45 - 9:15pm	17 W C/2	17 W 3/4	20 W	

WEDNESDAY			
Woodvale			
Wednesday	Ct 1	Ct 2	Ct 3
6:30 - 8:00pm	15 B 3	15 B 4	15 B 5
8:00 - 9:30pm	17 M 3/4/5		

THURSDAY		
Arena Joondalup		
Thursday	Ct 1	Ct 2
6:15 - 7:45pm	15 G C/2	17 M C/2

KEY	Dark Green Cells Indicate Male Trainings
	Red Cells Indicate Female Trainings
Last adjusted 7-Nov	